

AUTUMN DAY VISITS...

with Entrust Outdoors

At this time of disruption and uncertainty, where connectedness to friends, family, society and the natural world are impacted for so many of our young people, there are few interventions that are as well-evidenced as that which quite literally lies outside your door.

The Autumn is always a fantastic time to be in the great outdoors and with getting outdoors and physical activity being integral to positive mental health and building confidence, it is perhaps needed now more than ever.

Unlike during the first lockdown, day visits to outdoor centres are being encouraged. As long as young people are still learning, we are still providing learning experiences, so why not [book a day visit](#) to one of our Outdoor Centres?!

Last week we were joined by St Thomas' CE Primary School – Kidsgrove, and here's what they had to say:

"I just wanted to email to say thank you for organising another fantastic visit for us yesterday. The children were absolutely buzzing on Monday and Tuesday about coming and the trip completely exceeded all of their expectations.

I can't quite believe how many amazing things we managed to squeeze into one short day and, as always, it was such a blessing as a teacher to see how much progress children made between the start and end of each session - they've definitely come back feeling taller!

Standon Bowers is such a special place and we were so blessed with the sunshine yesterday - it looked beautiful in the autumnal colours. It is made most special though by all of your lovely instructors who are always so incredibly skilled at 'reading' our children despite only just meeting them. You are always so patient, gentle and kind when children are anxious and scared while always keeping them laughing and smiling during the activities. It is this that makes our visits such a privilege as we know that not only that children are going to have a fantastic time but that they are in safe hands!

We all remain hopeful here that circumstances might change before the end of the academic year as we are desperate to bring the children for the week and they are already asking today how likely that is to happen! In the meantime, I hope that you are all able to continue to get more normality back at the centre; you do such great work!"

We love doing what we do and would love to help your pupils create positive memories for 2020 and beyond!

To find out more about our COVID-Safe Day Visits, please email oecc@entrust-ed.co.uk